

Professional Village Medical Center
13700 19 Mile Road
Sterling Heights, MI 48313
P: (586) 247-6020

Patient Name: _____

Procedure Date: _____ Procedure Time: _____ (AM/PM) SUITE B

EGD GASTRO SCOPE PREPARATION

YOU WILL NEED A DRIVER TO TAKE YOU TO AND FROM THIS APPOINTMENT!

Follow these instructions carefully:

- Do not eat or drink anything 9 hours prior to the procedure. Only sips of water may be taken to swallow regular medications.
- **NO COFFEE OR ALCOHOL**
- A medication to relax you will be given, so you must bring a driver with you. You will not be able to drive home safely. A medication will also be given to numb your throat to make you more comfortable.
- You will be required to sign a consent form before the exam. This is routine.
- You will be in the office approximately 30 minutes. When you go home, allow yourself to lie down, as you will still feel sleepy from the medication for a short time. Relax and don't worry!
- Resume your normal diet after the test unless otherwise specified.
- Call us anytime if you have questions

Cancellation Policy: 48 hours prior to procedure or a substantial fee could be charged to you